



## I PANEL: EL DEPORTE ESCOLAR EN LAS CIUDADES EUROPEAS

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### CONCLUSIONES

We from the city of Antwerp try to inform the citizens as much as possible to stimulate their awareness. We have a free magazine (from the city of Antwerp) that appears every month where we inform the citizens what is happening in our city. Sports and education is a very common issue in it.

We also try to involve parents in our projects. f.e. In the project ZOE (Confident, Optimistic, Energetic and Physical) for children with overweight (BMI U32) parents are involved in the activities.

Also in the movement-schools, parents should participate on the activities so they can learn to know what are the capacities and the development of their own children.

About parents of another ethnical origin concerns, it is another problem. It is a very big challenge to reach them but we improve. We have a project “gezond scoort” (Health scores) where we reach the children of another ethnical origin and their parents. We have also a division (neighborhood sports) who works only in the area’s which are disadvantaged. Our people are paying house visits to talk with parents and children to inform them about sport and health and try to motivate them to participate on sports.